

Grootbos Foundation

2023 Programmes

Grootbos Foundation is a Non Profit Organization in the Western Cape, South Africa. Founded in 2003, the Foundation's vision is the conservation of the Cape Floral Kingdom and the upliftment of the communities who live within it (www.grootbosfoundation.org).

We aim to create sustainable project models which are replicable and scalable in order to assist the communities that surround us. The Grootbos Foundation's projects reached more than 12' 847 beneficiaries in 2021. Our projects support 13 out of the 17 Sustainable Development Goals and many of our projects generate their own income and/or are partially self-sustaining.



Below is the Sustainable Development Goal footprint of Grootbos Foundation in 2022:



Grootbos Foundation's three umbrella programmes are divided into:

Green Futures relates to all initiatives with a core conservation focus. These include award-winning ecological research projects, biodiversity surveys and management of human-wildlife conflict within a protected environment, nationally accredited training courses offered through our Green Futures Horticulture and Life Skills College, our Green Futures indigenous nursery, alien vegetation management training, biodiversity training and indigenous forest rehabilitation projects.



Our flagship sports development programme for children and youths was founded in 2008 to promote social development through a variety of sports in Gansbaai, an area with typically high unemployment rates and few educational, recreational and developmental resources and opportunities. Sports development aims to uplift communities by empowering individuals through sports development and ‘sports for good’ curricula. It also works to promote female empowerment, education, conservation, health and mental health, food security through healthy nutrition, social integration and participation through sports. A variety of sports codes are offered on weekdays so that youths between the ages of 6-18 years have a choice of safe and uplifting activities to attend led by community coaches and positive role models. These sports include football, hockey, female rugby, netball, cross-country, athletics, basic water safety, canoeing and a beginner surf programme. These programmes are available to all children and youths free of charge, and they include a healthy meal or snack at every engagement. Children aged 2-5 years are the beneficiaries of our Gross Motor Skills games and sports to ensure health development at Early Childhood Development centres. Our coaches also provide adapted sports programming and fun sport skills to special needs youths.



Our **Enterprise development and Careers** programmes have evolved into a comprehensive and far reaching career and employability-driven enterprise creation initiative that promotes opportunities within the green economy and uplifts women and men equally. These programmes typically offer education, support and opportunities to high school learners and school leavers. Grootbos Foundation operates a youth feeding scheme that provides nutritious daily meals to children in our communities.

Our latest programme has been to dispense free sanitary pads to all young women in the community served by Grootbos Foundation. In this way we hope to ensure that no female misses out on education or opportunities because she is menstruating.

